Remarks from Fr. Michael

Dear Parishioners and Friends,

Christ is Risen! Truly He has Risen!

1) **We are celebrating the most major Feast** of our Christian Faith, the Holy Resurrection of our Lord and Saviour, Jesus Christ. This Feast of the Lord brings to us life, joy, peace, hope and His uncreated light and it fills with his light everyone and everything. St. Paul is declaring “If Christ is not risen, your faith is futile; you are still in your sins! But now Christ is risen from the dead, for as in Adam all die, even so in Christ all shall be made alive.” (I Corinthians 15:17,20,22). Death has been defeated, Satan has been enslaved and our human race has been liberated from sin and the new life of Christ has been rooted and cultivated by the faithful. This is the reason millions of Christian people have entered Paradise and we humbly honor them as the Saints of the Church, and we are called to imitate them and follow their footsteps. So, we may also enter into and enjoy the same “fellowship of the Saints” with Christ in the Kingdom of God. Indeed, “Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

2) **Please allow me to express my deep gratitude to all** of you for your prayers since I was admitted again to the hospital for four days with high fever 104.9 and pain in my chest and palpitations. Until now the doctors are not determining the reason. Yes, I follow this time their order to the letter. Different tests, x-rays, echogram, EKGS, bloodwork, CT scans of head, neck, abdomen and more, ALL are negative and clear. Though the CT scan of my chest showed the pericarditis and fluid. I have more follow ups and I observe religiously all the orders given to me. I will keep you posted. Again, I would like to extend my heartfelt appreciation to all in the Parish for your prayers for me to have a speedy recovery. Also, I would especially like to thank those who visited me while I was in the hospital, called, sent cards, texted, sent emails to wish me well. Prayers work and I am grateful and ask that you please continue keeping me in your prayers during this recovery time. Thank you.

3) **On May, 12th we honor the Mother**, the Wife, the Godmother, the Grandmother, the Sister, the Aunt, the Daughter. For Mother’s Day, I would like to share with you at the beginning a story from Greek Mythology that describes the role of the woman, of the mother in the house and in the lives of the family members. Then I will describe the position of the woman in the Christian home with the hope that will encourage us to maintain it for today and inspire the generations of tomorrow.

From Greek Mythology, Saturn and Rea had twelve children, the twelve Gods and Goddesses; their first-born child was Hestia. She along with the other eleven used to leave their dwelling place of Mount Olympus and come down to involve themselves with the people in order for them to understand their joys and sorrows, their efforts and needs, and their delights and trials.

Goddess Hestia symbolized virginity and purity. It’s been believed that she invented the home, the family, the household. For this reason, those of us with Greek ancestry, our ancient “ancestors” had dedicated the center of each house in her name. Hestia was the part of the house where the family would gather together. There in the center, the fire would constantly be on.
The fire in each family’s Hestia was the symbol of love, harmony and joy of the household which Goddess Hestia protected. The woman and mother in each family had as her priority to keep the fire on. Not only for the material needs of her home but to be a spiritual reminder of the above-mentioned virtues. The preparation of the meal reminded her of the spiritual food she had to distribute to her family. The flame had to be on, the flame of the faith that the divine was protecting and present in the family to keep the harmony, the peace, the love constantly alive.

In the common worship of the Ancient Greeks for the 24-hour day the pure virgins of the community had the special duty to keep constantly the flame lit on the altar of Goddess Hestia in the town, in the city. Those youngsters were dedicated to Goddess Hestia and the people would call them “Hestias” (Hestia’s followers).

It is true that some different points and practices like this one we mentioned originated or have been taken from the ancient Greek Mythology or history, reflect the guiding providence of the Lord preparing our ancestors for the Christian era and the Christian principles.

Let us now take a look in the pages of our Christian history. What are we observing yesterday, in the past of our Christian life?

We see...the icon corner of each home; the lit candle. The crowns of Holy Matrimony under the cross...the censer with the charcoal and the sweet aroma of the incense spreading in the whole house; to sanctify it. To cleanse it. The mother is taking the censer everywhere in the house with piety.

Then we see her kneeling in front of the icon of Christ and of the Virgin Mary to pray. The light that comes from the candle enlightens the Mother of God. She is the living comfort and support. She is the hope that the mercy and the Grace of the Lord will bring peace to the household forever; that the difficulties will pass by fast; that the sick persons with Her intercession will be healed; that Her compassion will embrace all in the family and Her love will penetrate and stay in the hearts of each one; and this love will increase more and more and it will grow outside and effect our society.

When the mother finishes the prayer she checks the candle to be sure that it will stay lit; because its light is from the Resurrection Service of the Church and it has to stay constantly lit to inspire and guide the family in the spirit and in the light of the Resurrection, the new life in Christ. The work and the mission of the woman, the mother, is to maintain this flame lit.

Today...we are supposed to keep alive yesterday’s sacred and holy tradition. The light of the Resurrection! We must save and keep it at all costs in whatever sacrifice we need to make. We are not supposed to keep it as a custom to bring the Resurrection light home from Church and nothing more. We must keep alive the spiritual flame, the principles of our Christian faith, the virtues of the Word of God, the Scripture. This will illuminate the whole family and then society.

The destiny and the purpose of life, especially for women, is to become today’s Hestias. To keep watch over the spiritual flame in our hearts and lives. The flame that will nurture and supply the whole family with the faith, the truth, the love as the Lord of Mercy has indicated to us.

As long as this flame remains alive in the family, the family will be spiritually alive; In this case the family spiritually is in the position to pass the light of “tomorrow” to the next generations to come. As long as we have faithful Orthodox mothers, we will have dynamic Orthodox families and we will have an active, vibrant community enlightened by the light of the Resurrection and the presence of Christ, the source of life.

It is, indeed, an awesome mission, great challenge and a rewarding reality. Let us try to maintain the candle lit. We are proud of our mothers as we honor them on May 12th, today and tomorrow.

Happy Mother’s Day,

Fr. Michael Varvarelis
Αγαπητοί Ενορίτες και φίλοι, Χριστός Ανέστη!! Αληθώς Ανέστη!!

1) Γιορτάζουμε την πιο μεγάλη γιορτή της χριστιανικής πίστης μας, την Ιερή Ανάσταση του Κυρίου και Σωτήρα μας, Ιησού Χριστού. Αυτή η γιορτή του Κυρίου μας φέρνει τη ζωή, τη χαρά, την ειρήνη, την ελπίδα και το άκτιστο φως Του και γεμίζει με το φως τον καθ ε ένα, και το κάθε τι. Ο Άγιος Παύλος δηλώνει: "Αν ο Χριστός δεν ανέστη, η πίστη σου είναι μάταιη. εί στε ακόμα στις αμαρτίες σας! Αλλά τώρα ο Χριστός αναστήθηκε από τους νεκρούς, γιατί όπως και στον Αδάμ ό λοι πεθαίνουν, έτσι στον Χριστό όλοι θα αναστηθούν» (Α΄ Κορινθ. 15: 17,20,22). Ο θάνατος έχει καταστραφεί, ο Σατανάς έχει υποδουλωθεί και η ανθρώπινη φυλή μας έχει απελευθερωθεί και η νέα ζωή του Χριστού έχει ριζωθεί στους πιστούς. Αυτός είναι ο λόγος για τον οποίο εκατομμύρια χριστιανοί έχουν εισέλθει στον Παράδεισο και ταπεινά τους τιμάμε ως τους Αγίους της Εκκλησίας και καλούμαστε να τους μιμηθούμε και να ακολουθήσουμε τα βήματά τους. Έτσι λοιπόν, μπορούμε επίσης να εισέλθουμε στην ιδια "κοινωνία των Αγίων" με τον Χριστό στη Βασιλεία του Θεού. Πράγματι, «Χριστὸς Ανέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς µνήµασι ζωήν χαρισάμενος».

2) Επιτρέψτε μου να εκφράσω τη βαθιά μου ευγνωμοσύνη σε όλους σας για τις προσευχές σας από τότε που πήγα πάλι στο νοσοκομείο για τέσσερες ημέρες με υψηλό πυρετό 104.9 και πόνο στο στήθος και ταχυπαλμία. Μέχρι τώρα οι γιατροί δεν έχουν εντοπίσει την αιτία . Ναι, ακολουθώ αυτή τη φορά προσεκτικά τις υποδείξεις τους. Οι διαφορετικές εξετάσεις, ακτινογραφίες, echogram, EKGS, bloodwork, CT Scan για κεφάλι, λαιμό, κοιλιακή χώρα και πολλά άλλα, όλα είναι αρνητικά και καθ αρά. Αν και η CT Scan του στήθους έδειξε την περικαρδίτιδα και το υγρό. Έχω περισσότερες παρακολουθήσεις και παρατηρώ προσεκτικά όλες τις εντολές που μου δόθηκαν. Θα σας κρατώ ενήμερους. Και πάλι, θα ήθελα να απευθύνω την εκτίμησή μου σε όλους στην ενορία για τις προσευχές σας για μένα να έχω ταχεία ανάρρωση. Επίσης, θα ήθελα ιδιαίτερα να ευχαριστήσω εκείνους που με επισκέφτηκαν ενώ ήμουν στο νοσοκομείο, τηλεφώνησαν, έστειλαν κάρτες, έστειλαν μηνύματα ηλεκτρονικού ταχυδρομείου για να με ευχηθούν να γίνω καλά. Οι προσευχές λειτουργούν και είμαι ευγνώμων και ζητώ να με κρατάτε στις προσευχές σας κατά τη διάρκεια της αναρώσεως. Ευχαριστώ.

3) Τήν Κυριακή 12 Μαίου είναι η Εορτή τής Μητέρας και θα ήθελαμε να κάνουμε δύο σκέψεις πάνω στό γλυκύ αυτό όνομα τής μητέρας τό οποίον όταν το προφέρεις, όταν το λές, αισθάνεσαι μιά ιδιαίτερη συγκίνηση.

Και είναι αλήθεια ότι τά μικρά παιδιά εκφράζουν πρός τήν μητέρα μιά απεριόριστη αγάπη καί μιά τέλεια εμπιστοσύνη πού προέρχεται από τήν στοργική προστασία. Μά και οι μεγαλύτεροι στήν ηλικία αισθάνονται πρός τήν μητέρα θερμή εμπιστοσύνη καί βαθύ σεβασμό γιά όσα υπέφερε η μητέρα γιά νά τούς αναδείξει καί νά τούς αναδείξει. Η μητέρα ακόμη και μεταξύ τόνων απολιτίστων λαον αποτελεί πρόσωπον σεβαστόν. Ετσι τά παιδιά έχουν εκδηλώσει τήν στοργή τους καί τήν εμπιστοσύνη τους πρός τήν μητέρα κατά πολλούς και διαφορετικούς τρόπους.

Ο Άγιος Γρηγόριος ο Θεολόγος λέγει «τί μητρός συμπαθέστερον;» και ο αρχαίος τραγικός ποιητής Ευριπίδης διατυπώνει σέ δυο φράσεις μ’ ένα θαυμάσιο τρόπο τήν αγάπη τών παιδιών πρός τήν μητέρα, λέγει:
«Ουκ έστιν ουδέν μητρός ήδιον» δηλαδή δέν υπάρχει τίποτε γλυκύτερον από τήν μητέρα καί προσθέτει «εράτε μητρός παιδες. Ουκ έστιν έρως τοιουτος άλλος»...δηλαδή, Νά αγαπάτε παιδιά τήν μητέρα σας. Δέν υπάρχει άλλη γλυκύτερη αγάπη από τήν αγάπη προς τήν μητέρα.

Ετσι όσοι δέν έχουν σεβασμό καί εκτίμηση για τούς γονείς τούς περιφρονοῦν ή ασεβοῦν απέναντί τους αυτοί έχουν στιγματισθή με βαρείς χαρακτηρισμούς από τήν κοινωνία. Είς τήν πίστι μας υπάρχουν στήν Αγία Γραφή καί στούς αγίους τής Εκκλησίας μας γραπτές διατάξεις πού καθοδρίζουν/περιγράφουν τήν θέση τών γονέων καί τά καθήκοντα τών παιδιών πρός τούς γονείς.

Γιατί όμως αυτή η ξεχωριστή θέση τής μητέρας ή τών γονέων μέσα στήν οικογένεια;

Επειδή οι γονείς χρησιμοποιούνται ώς όργανα τού Θεού για νά φέρουν στόν κόσμο νέες υπάρξεις πού έχουν υψηλό καί ουράνιο προορισμό. Ο Θεός είναι ο Δημιουργός. Δημιουργηθεί τό σύμπαν, όλον τόν κόσμον, εκ τού μηδενός καί στό τέλος δημιουργήσε τόν άνθρωπον μέ ιδιαίτερη καί ξεχωριστή ενέργεια. Δεν σταμάτησε μέχρι εδώ αλλά παρουσίασε τήν γυναίκα είς τόν Αδάμ καί συνέστησε τήν πρώτη οικογένεια λέγοντας «Αυξάνεστε καί πληθύνεσθε καί πληρώσατε τήν γήν.» (Γεν. 1:28). Δηλαδή εκάλεσε τούς ανθρώπους νά γίνουν συνδημιουργοί τού Θεού.

Εστι διά τού Ιερού μυστηρίου τού γάμου οι άνθρωποι, οι γονείς ανέρχονται στό ύψος τής τιμής νά γίνουν συνδημιουργοί τού Θεού. Νά φέρουν είς τόν κόσμο νέους ανθρώπους πού έχουν προορισμό νά γίνουν τέκνα τού Θεού κατά χάριν τού Θεού καί συνέστησε τήν πρώτη οικογένεια λέγοντας «Αυξάνεστε καί πληθύνεσθε καί πληρώσατε τήν γήν.» (Γεν. 1:28). Δηλαδή εκάλεσε τούς ανθρώπους νά γίνουν συνδημιουργοί τού Θεού.

Μέ σεβασμό καί τιμή ευχόμαστε «Χρόνια Πολλά» σέ όλες τίς μητέρες.
The Source is a monthly publication issued 11 times annually
(June/July is a combined issue)

SUNDAY MORNING LITURGIES
ORTHROS 8:15 a.m.   DIVINE LITURGY 9:30 a.m.

WEEKDAY MORNING SERVICES WHEN SCHEDULED
ORTHROS 8:15 a.m.   DIVINE LITURGY 9:00 a.m.

Priest
Fr. Michael Varvarelis, Cathedral Dean
Cell: (717) 818-1160   email: frmichael@holytrinityhbg.org

For scheduled appointments, you may contact the Priest at the Church office or by calling him directly on his cell phone. Please see monthly Source newsletter for additional community opportunities.

Assistant Priest
Fr. Aaron Gilbert, Assistant Priest
Cell phone: (717) 727-4014   email: fr.aaron@holytrinityhbg.org

Church Office
Main Office: 717-763-7441   Fax: (717) 763-7458
Hours: 8:30 a.m. – 4:30 p.m.   Monday – Friday

Dana Fleisher-Silen, Church Secretary   email: secretary@holytrinityhbg.org

OTHER STAFF
Tom Paparoidamis   Protopsalti (Cantor)   (717) 737-5647
Mary Wallenmeyer   Financial Assistant to the Treasurer   (717) 763-7441
Tim Leland   Maintenance   (717) 763-7441
Meade “Buff” Buffington, Jr.   Custodian   (717) 763-7441
<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Information</th>
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| Parish Council                       | George Spanos, President Cell (717) 489-2099  
  email: gjsholytrinity@gmail.com    |
| Philoptochos                         | Thana Ward (717) 249-8892                |
| Sunday School                        | Thana Ward (717) 249-8892  
  Despina Aftosmes (717) 838-7293 |
| Sunday School PTO                    | Jennifer Solomon, President (717) 574-3167 |
| GOYA                                 | President Vasoula Petsinis (717) 240-2649  
  Vice President Mia Demopoulos (717) 832-1367 |
| HOPE & JOY                           | Fr. Aaron Gilbert / Father Michael (717) 727-4014 |
| Greek School PTO                     | Mantha Hershey (717) 566-7603            |
| Olympic Flame Dancers                | Ann Ariano, Co-Director (717) 564-6955    
  Olympic Flame Dancers               | Mantha Demopoulos, Co-Director (717) 832-1367 |
| Greek School                         | Jackie Ferentinos, Director (215) 370-8385 |
| Choir Director                       | Kathy Doulgeris (717) 440-1491           |
| Choir Assistant                      | Robert Moeller (717) 657-0897            |
| Sts. Joachim & Anna                  | James W. Lloyd (717) 507-0003            |
| Ahepa                                | William J. Kaldes (717) 702-8185         |
| Blood Bank                           | Christ Megoulas (717) 838-3132  
  Dean Kokos (717) 486-0045           |
| Neohoriton Society                   | William Kotsalos (717) 566-6148          |
| Hellenic Heritage Assoc.             | Alexander Vgontzas (717) 533-1768        |
| Evrytanian Assoc. Velouchi, Chptr 18-Agios Taxiarhis: | Maria Peslis, President (717) 303-9716 |
| GOYA Basketball Director             | John Papoutsis (717) 418-2636            |
| Bookstore                            | Jim and Kiki Lloyd (717) 507-0003        |
| Concerned Mothers Fellowship         | Dr. Maria Papoutsis (717) 732-5546  
  Melissa Kotsalos (717) 832-3238     |
| Ladies Bereavement Group             | Fr. Michael & Presvytera Maria (717) 818-1160 |
A NOTE FROM THE PARISH COUNCIL

Dear Parishioners:  Xristos Anesti!  Christ is Risen!

What a beautiful Holy Week we celebrated together!  I want to thank the entire Parish Council, but especially Nick Theofanis, John Harbilas, George Mallios and Yemane Tzegai for their presence during Holy Week.

As you know, May is the time we make our final preparations for the Festival. The Festival is not just 3 days in May. We need your help in the weeks before and the days after the actual Festival itself. Our priorities remain:

1. Demonstrating a Christian attitude in how we interact with each other and our guests
2. Ensuring the safety of our guests and our volunteers
3. Providing consistency and quality in our products and services
4. Making it easier and less physically demanding for our volunteers

Please sign up today. You can use the online signup genius sent out via email, or the signup sheets in our Social Hall. Thank you.

Yours in Christ

George J. Spanos
Parish Council President

The Parish Council prides itself on transparency in all that we do. The following are available to each and every parishioner and may be requested at the office, or from a member of the Executive Committee of Parish Council - Minutes from the Monthly Parish Council meeting; Annual Budget and Actual Spending Year to Date; Balances of our various Endowment funds. If you want to know, ASK.

The Parish Council
EVENTS AND ACTIVITIES

ALTAR BOY TEAMS

**Team One  St. John Chrysostom**

- Thomas Mazias - Captain
- William Winters - Co-Captain
- Konstantinos Bouboukas
- Georgios Bouboukas
- Damian Dimopoulos
- John Sipling
- Angelo Winters
- Theo Mazias
- George Petsinis

Sundays that you will serve:
- May 5th
- June 2nd
- June 30th

**Team Two  St. Basil the Great**

- Thomas Mazias – Captain
- Peter Griffiths
- Maximos Griffiths
- Anastasios Arahovas
- Angelo Giannaris
- Kostas Giannaris
- Manoli Arahovas
- Georgios Arahovas

Sundays that you will serve:
- May 12th
- June 9th

**Team Three  St. Gregory the Theologian**

- Peter Ariano – Captain
- Matthew Ward - Co-Captain
- Alexander Hanna
- Alexandros Hershey
- Vasilaki Hershey
- Georgios Kotsalos
- Andreas Kotsalos
- Isaiah Ntzanis
- Kypriane Ntzanis

Sundays that you will serve:
- May 19th
- June 16th

**Team Four  Archdeacon Stephen**

- John Senos – Captain
- George Papoutsis - Co-Captain
- Jacob Sparages - Co-Captain
- Noah Demopoulos
- Nikolas Papoutsis
- Lucas Sparages
- Dennis Theodoratos
- Luke Vovakes
- Gus Senos

Sundays that you will serve:
- May 26th
- June 23rd
MAY USHERS
5  Kosta Pappas
12  John Harbilas
19  Tom Balafoutas
26  Jimmy Senos

MAY EPISTLE READERS
5  Thomas Sunday
   Acts 5:12-20
   Reader: Dimitri Zozos
12  Sunday of the Myrrh-Bearing
   Women/Mother’s Day
   Acts 6:1-7
   Reader: John Peslis
19  Sunday of the Paralytic
   Acts 9:32-42
   Reader: James Lloyd
26  Sunday of the Samaritan Woman
   Acts 11:19-30
   Reader: Peter A. Aftosmes

JUNE EPISTLE READERS
2  Sunday of the Blind Man
   Acts 16:16-34
   Reader: Ed Ward
9  Fathers of the First Ecumenical Council
   Acts 16:16-34
   Reader: Dean Kokos
16  Holy Pentecost/Father’s Day
   Acts 2:1-11
   Reader: Ann Ariano
23  All Saints
   Reader: Robert Moeller
30  Synaxis of the Twelve Apostles
   I Corinthians 4:9-16
   Reader: Peter E. Aftosmes

MEMORIALS
May 12, 2019: Stamatia Mammis
   40-day Memorial, Altar Flowers, and Coffee Hour

BIRTH
Congratulations to George & Pelagia (Harbilas) Peslis for the birth of their daughter, Elianna Pelagia on April 25th, 2019. Na sas zissie!

BAPTISM
Congratulations to Giannis & Vasiliki (Ntzanis) Lavdas for the baptism of their daughter, Thomais on Monday, April 29th. Congratulations to the Godparents, George & Dina Tsintselis.

MEMORY ETERNAL
We extend our deepest sympathies to the family of Nikolaos Mavropoulos who passed away on April 17, 2019.

YOUTH MINISTRIES

SUNDAY SCHOOL
The Sunday School End of the Year Promotion Activity for 3 year olds to 11th grade will be held on Sunday, June 2nd after Holy Communion in the Social Hall. The children will be given their Certificates and a snack will be served. The 12th Graders(Seniors) will remain in church for the Scholarship and Graduate Recognition.

All Seniors should have their graduation information turned into the church office as soon as possible! Have a Blessed May with Spring upon us and the continuation of the Easter Season. Check the Source or the Sunday Bulletin for Pentecost information.
GREEK SCHOOL

We are getting close to the end of our Greek School year. We are happy with the students and their parents for coming to our Greek School throughout the year. The students have tried their best to learn and study the Greek language. Thank you to the parents who faithfully would bring their children to the School. Also, a big thank you to the teachers for their determination and skills in helping the children. Their last day of classes with a program will be held on Wednesday, June 5th.

OLYMPIC FLAMES

March has been a very busy month for our dancers. On March 20th members of our Junior and Senior Groups performed at the State Capitol Rotunda as part of a ceremony sponsored by our AHEPA Chapter to commemorate Greek Independence Day.

On March 25th 12 dancers representing all three of our groups performed at the “Greek Night” event at the Elks Club in Carlisle. All of our dancers and their instructors are busy preparing and practicing their routines for our Annual Festival.

PARISH MINISTRIES

PHILOPTOCHOS

A GREAT BIG THANK YOU to all the women who helped prepare and support our Tsoureki Fund Raiser. It was a success because of all the hard work from baking to selling and enjoying the delicious Tsoureki Easter Bread.

The Easter Lunch Bags for the Homeless Shelter were greatly appreciated by the clients. The youth had a great time preparing the bags. They gave of themselves to the less fortunate. The some of the items needed for the bags were donated and Philoptochos provided the rest.

Dear women of all ages 18 years and up please come and join the Saint Catherine Philoptochos. The Philoptochos is the mother of each church community. Your support and participation is important. Our Philoptochos meeting and elections are being held on Thursday, May 23rd at 6:45 p.m. during our May meeting. Please consider being on the Philoptochos Board by submitting your name to Christine Stamos or Vee Katsaounis-Mazias or at the Philoptochos Membership table in the Social Hall during Coffee Hour.

Philoptochos Responsibilities
For Saint Catherine Chapter 6029
Membership/Officers/Responsibility

Dear women of all ages 18 years and up please come and join the Saint Catherine Philoptochos. The Philoptochos is the mother of each church community. Your support and participation is important.

1. Meeting Participation
2. Out Reach Projects for the Needy/Homeless Coat, Jacket, Sweater Drive Hat and glove Drive Christmas Food Drive Preparing and Serving Meal to Homeless Shelter
**Donating prepared meals to Shelters**

- Easter Lunch Bags for the Homeless Shelter
- IOCC-Hygiene Kits

3. Outreach Programs-monetary donations to Local Charities-names of charities are placed in a booklet given out on Philoptochos Sunday in November

4. Philoptochos Sunday in November-Celebrated by all Philoptochos Chapters

5. Donations to Metropolis and National Philoptochos for outreach programs each month

6. Agape Fund

7. Makaria

8. Baby Blanket-Forty Day Blessing

9. Prosforo

10. Coffee Hour

11. Memorials-Special Coffee Hour

12. Refreshments for monthly meetings and set up

13. Oxi Day-special coffee hour for Greece & Cyprus Relief

14. Special Sunday Collections

15. Church Musicians Sunday Coffee Hour

16. Treats for Shut-ins at Christmas

17. Tsourekis for the Shut-in at Easter

18. Tsoureki Spring Sale

19. Vasilopita

20. Godparent Sunday

21. Lenten Meals

22. Special Meals

23. Community Aid Box

24. Festival helpers for baking

25. Festival Booth Preparations and Sales

26. Yiayia’s Attic/Festival

27. Egg coloring for Easter for the community

28. Makaria

29. Monthly Source Article

30. House Keeping of the Philoptochos Room

31. Christmas Party

32. End of the Year Picnic

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**STS. JOACHIM AND ANNA**

Christos Anesti to all!! Since we are having our Festival in May, we will not have our monthly meeting as usual in May. Our next meeting will be a joint end of year picnic with the Philoptochos on Tuesday, June 4th.

Membership in the Sts. Joachim and Anna Society is open to Orthodox parishioners who are 55 and over. However, any parishioner can attend our meetings and participate in our trips and other activities.

**CHURCH LENDING LIBRARY**

The church library contains information about Orthodoxy and Greece for you and your children. If you would like to borrow a book, fill out the information sheet found in the Library notebook binder. When you return it, be sure to list the date returned by your original sign in. Keep the books as long as you like; just be sure to return them within a reasonable amount of time so that your fellow parishioners may read them as well. Thank you.

**HOLY TRINITY BOOKS & GIFTS**

We have a large selection of items in the bookstore. We provide items such as icons, censers, charcoal and incense for your household use. All proceeds from the bookstore either go directly back into the bookstore or into the parish. We have a selection of CD’s that Father Michael picked up during the Clergy-Laity Conference this past summer. We are also constantly adding new book titles to our excellent collection of Orthodox books for adults and children. We can also special-order books, icons and other items that are not normally stocked in the bookstore. We also order icons and other items from the Holy Protection Monastery when needed.

We have the wine that is used for communion available for purchase and donation to Father Michael for use during communion. We recently added bottles of light Olive oil that can be donated to Father for the Altar vigil light. We also carry a burial cloth (Σαβανό) that has been blessed in Jerusalem at the tomb of Christ. This can be used for funerals.
Holy Trinity Books and Gifts’ normal operating hours are following the Divine Liturgy on Sunday, and the day when the Sts. Joachim and Anna Society meet from 11:00 AM to 1:00 PM. For more information or special requests, contact Jim and Kiki Lloyd at email: bookstore@holytrinityhbg.org or call 717-507-0003.

**LADIES’ BEREAVEMENT GROUP**

This group meets once a month on a Thursday. Our next gathering will be held on **May 30th, 2019** at **11:30am**. We speak on different topics that concern the group and discuss ways to cope with grief. Please consider coming.

**CONCERNED MOTHERS GROUP**

The goal of the group is to foster spiritual dialogue among mothers in our community in regard to raising our children in an Orthodox Christian home. We can all probably list many challenges we have faced as our children have journeyed through preschool to high school. The topics of the group will focus on making Orthodoxy a practical, living experience in our daily lives. Father Michael is leading the group. We meet in the Library monthly. Our next scheduled monthly meeting will be **Wednesday, May 1st at 7:00 p.m.**

**PARISH NEWS**

**KOLIVA**

If you need to request koliva for a memorial, please note that Koliva can be prepared for you at a cost of $135.00.

Sofia Kaldes (717) 766-4031
Peggy Orosz (717) 258-3498

Both ladies are always ready to assist. Please contact them directly to request koliva for a memorial.

**WALKWAY OF THE FAITHFUL**

If you want to include your family and loved ones in our unique WALKWAY of the FAITHFUL, you may purchase a brick in memory or in honor of a loved one. Simply obtain and complete a form in the office. Please contact Dimitri Zozos with any questions. (717) 648-6720.

**NURSERY NOTICE**

If you are a parent of young children and would like to volunteer with helping take care of the nursery, please join the Facebook page: Holy Trinity Nursery @ Camp Hill or contact Faith Sgagias at faithlarue@gmail.com. Thank you

**REMEMBERING THE SICK, THE SUFFERING, THE AFFLICTED**

“The prayer of the righteous is powerful and effective” (James 5.16)

If you know of someone in a hospital who would like a visit, please call Fr. Michael (717) 818-1160 or Mrs. Georgia Lucas (717) 697-0913. We hope to post names in the future of persons who have been particularly sick or who struggle with something or another so that the Community will keep them in prayer. If you know of someone you are certain would like to have their names posted, then please forward their names to the church Secretary.

**IMPORTANT NOTICE**

If you are a doctor, Nurse, EMT or other medically trained professional willing to assist when there is a medical emergency in our Cathedral, please contact the Church Office so that your name can be included on a list to be kept in the Narthex and the Office for our Parish council and Office Staff.

**INTERESTED IN LEARNING HOW TO CHANT?**

Fr. Aaron Gilbert is offering Byzantine Chant lessons every Saturday at 4:45pm. If you are interested, please contact Fr. Aaron at 717-727-4014, or via email at aaron@holytrinityhbg.org.
Music Auditions for
Trinity Junior Ensemble Recital - October 13th

Auditions will be held May & June for the 23rd annual Recital for all youth (ages 9-18) of the community for piano, trumpet, flute, clarinet, classical guitar, violin, viola, voice, ballet and choral music directed by Mrs. Kokos.

The luncheon/recital will be on Sunday, October 13th, 12 noon in the Social Hall. Those interested, please contact Mrs. Verna Kounas (717) 737-0647 or Mrs. Connie Kokos at 717(731-8421). We encourage all youth of our community to participate in this talented group of musicians and performers to share their gifts and inspire others to join. Complimentary luncheon provided. All are welcome to attend.

DIVINE LITURGIES AND ACTIVITIES FOR MAY 2019

<table>
<thead>
<tr>
<th>Wednesday, May 1st</th>
<th>Festival Baking: Baklava cutting &amp; boxing</th>
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<tbody>
<tr>
<td>5:15-7:00pm Greek School and Adult Greek School</td>
<td>5:15pm-7:00pm Greek School and Adult Greek School</td>
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<td>7:00pm Concerned Mother’s Group</td>
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<tr>
<td>7:00pm Dance practice</td>
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<tr>
<th>Friday, May 3rd</th>
<th>Thursday, May 9th</th>
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<tr>
<td>Theotokos of the Life-Giving Font</td>
<td>10:30am English Bible Study</td>
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<td>8:15am Orthros</td>
<td>6:30pm English Bible Study</td>
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<td>9:00am Divine Liturgy</td>
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<td>6:00pm GOYA Picnic</td>
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<tr>
<th>Sunday, May 5th</th>
<th>Saturday, May 11th</th>
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<tr>
<td>St. Thomas Sunday/ St. Irene the Great Martyr</td>
<td>9:00am Chambersburg Liturgy</td>
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<tr>
<td>8:15am Orthros</td>
<td>6:00pm Vespers</td>
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<tr>
<td>9:30am Divine Liturgy</td>
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<tr>
<td>Dance practice</td>
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<tr>
<th>Tuesday, May 7th</th>
<th>Sunday, May 12th</th>
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<tr>
<td>Festival Baking: Baklava cutting &amp; boxing</td>
<td>Sunday of the Myrrh-Bearing Women</td>
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<tr>
<td>9:00am Baklava cutting &amp; boxing</td>
<td>Mother’s Day</td>
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<td></td>
<td>8:15am Orthros</td>
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<td>9:30am Divine Liturgy</td>
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<th>Monday, May 13th</th>
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<tr>
<td>Festival Baking: Baklava cutting &amp; boxing</td>
<td>Festival Baking:</td>
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<tr>
<td>9:00am Karidopita &amp; Kataifi me Crema &amp; Desert</td>
<td>9:00am Karidopita &amp; Kataifi me Crema &amp; Desert</td>
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<td>Boxing and cupping</td>
<td>Boxing and cupping</td>
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<td>FESTIVAL SET-UP</td>
<td>FESTIVAL SET-UP</td>
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Tuesday, May 14th
Festival Baking:
9:00am Karidopita & Kataifi me Crema & Desert
Boxing and cupping
FESTIVAL SET-UP

Wednesday, May 15th
Festival Baking:
9:00am Karidopita & Kataifi me Crema & Desert
Boxing and cupping
FESTIVAL SET-UP
7:00-8:00pm Greek Dance Practice

Thursday, May 16th
FESTIVAL SET-UP

Friday, May 17th
FESTIVAL 11AM – 8PM

Saturday, May 18th
FESTIVAL 11AM – 8PM

Sunday, May 19th
Sunday of the Paralytic
8:15am Orthros
9:30am Divine Liturgy
FESTIVAL 11AM – 4PM

Monday, May 20th
FESTIVAL CLEAN-UP

Tuesday, May 21st
Sts. Constantine & Helen
8:15am Orthros
9:00am Divine Liturgy
FESTIVAL CLEAN-UP
7:00pm Parish Council Meeting

Wednesday, May 22nd
MID-PENTECOST
8:15am Orthros
9:00am Divine Liturgy
5:15pm-7:00pm Greek School & Adult Greek School

Thursday, May 23rd
10:30am English Bible Study
6:45pm Philoptochos Meeting and Elections

Saturday, May 25th
Memorial Services at the Cemeteries
Chambersburg – 9:30am
Shippensburg - 11:00am
Carlisle – 12:30pm
6:00pm Vespers

Sunday, May 26th
Sunday of the Samaritan Woman
8:15am Orthros
9:30am Divine Liturgy
AHEPA Trisagion

Monday, May 27th
Memorial Day/Office is Closed
Memorial Services at Cemeteries
Paxtang – 10:00am
Harrisburg East – 10:30am
Rolling Green – 12:30pm
Fr. Indiantown Gap Cemetery – 2:00pm

Wednesday, May 29th
5:15pm-7:00pm Greek School & Adult Greek School

Thursday, May 30th
10:30am English Bible Study
11:30am Women’s Bereavement Group
6:30pm English Bible Study
AHEPA WISHES KALO MINA OF MAY 2019

AHEPA Chapter #64 wishes everyone a Kalo Mina of May, 2019. May you truly have a most wonderful month of May during this Bright Season of Pentecost. These wishes go out to the entire community and especially all the fraternal brothers of our beloved fraternity.

AHEPA CHAPTER #64 wants to THANK all the merchants who so compassionately support the many philanthropic and educational causes our fraternal organization stands for. Without your support this endeavor would be impossible to achieve. ATTENTION PARISHIONERS: You will soon be invited by one of our dedicated brothers to secure an OPA CARD for yours and the Ahepa’s benefit. You may also purchase an OPA Card at the end of services every Sunday through the month of June from our President Brother Billy Kaldes and/or Treasurer Eric Solomon. This fundraising project has been adopted by our Chapter#64 for the benefit of civic responsibilities and philanthropy. We thank all who purchase these OPA cards and also the merchants who are honoring them. The OPA cards will be used from April 1st, 2019 until April 1st, 2020 and cost only $20 each. It is good for $15 off any purchase of $30 or more from any of these participating restaurants. Your card can be used only once for each restaurant participating.

MERCHANTS & ADDRESSES FOR OPA CARDS

- Boomerangs 110 Limekiln Road New Cumberland, PA 17070
- Hillside Sports Café 589 Salem Road Etters PA 17319
- Theos’ Bar & Grille 3315 Hartzdale Avenue Camp Hill, PA 17011
- Skyline Restaurant 7510 Allentown Blvd Harrisburg, PA 17112
- Rustic Tavern 823 Newville Road Carlisle, PA 17013
- Dafnos Italian Grille 1190 W. Chocolate Ave. Hummelstown, PA 17036
- Smoked Bar & Grill 1201 W. Chocolate Ave Hershey, PA 17033
- The Chocolate Ave Grill 114 W. Chocolate Ave Hershey, PA 17033
- N. Hanover Grille 3 37-39 N. Hanover St., Carlisle, PA 17013
- Lancaster Brewing Company 469 Eisenhower Boulevard Harrisburg, PA 17111
- 302 Plum Street Lancaster, PA 17602
- Zembies 226N.2nd Street Harrisburg, PA 17101
- Nathan’s 201 N. Enola Road Enola, PA 17025
- Rookies 2238 Derry Street Harrisburg, 17104
- Sierra Mader 4035 Market Street Camp Hill, PA 17011
- Waterfront Bar & Grill 13 S. Main Street Marysville, PA 17053
- Orchards Restaurant 1580 Orchard Drive Chambersburg, PA 17201
- Mr. G’s 3745 N.6th Street HBG, PA 17110

ANNUAL GREEK FESTIVAL - The Membership/Steering Committee of Chapter #64 encourages all brothers to consider volunteering to assist all who need help during the upcoming festival scheduled for May 17th to the 19th coming up. The Holy Trinity community needs your help in the following areas for a more complete team effort: Parking, Dinner Tickets, Beverage Booth, Welcome/Greeters, Souvlaki, Kitchen, and Salads Preparation. Please contact myself or signup with the Signup Genius. Thank you for your support!

AHEPA DAY - The Ahepa Chapter #64 also is again preparing for the Ahepa Day - Memorial Service, taking place Sunday, May 26th, 2019. A Trisagion Service will be celebrated immediately following the Divine Liturgy (approximately 11:30 am) taking place in the Cathedral Court Yard. This Trisagion Service is in honor of our dearly
departed Brother AHEPANS and all past and current Military Veterans of our Holy Trinity Greek Orthodox Community. The Trisagion Service will be celebrated by Fr. Michael E. Varvarelis, Cathedral Dean, along with Fr. Aaron Gilbert. Posting of a Memorial Wreath will follow. Our community and the Ahepa Chapter #64 chose to combine this event in conjunction with the Archdiocese commemoration of Ahepa Day To Honor and Remember our Deceased Brothers and Military Veterans on this Day of Memorial is our continuing duty and obligation. All Ahepan Brothers are urged to attend. Coffee and Refreshments will be sponsored by our Chapter.

AHEPA SCHOLARSHIP SUNDAY AFTER LITURGY ON JUNE 9th
Ahepa Chapter #64 will celebrate the 26th Annual Prokop/Vladyka Scholarship Award Presentations following the Divine Liturgy celebrated on June 9th, 2019. Coffee hour will be sponsored by Chapter #64 while an honorary celebratory cake will also be given to the community in our Social Hall following the ceremony. The Prokop/Vladyka Scholarship Committee from Chapter #64 has distributed Merit awards of $1500 and General awards of either $750 or $500 to 61 students over the past 5 years. There have been 38 Merit and 104 General awards disseminated from the Ahepa Chapter #64 Prokop/Vladyka Scholarship Committee totaling $102,300.

AHEPA POWER DISTRICT #4 CONVENTION – HOLIDAY INN, GRANTVILLE, PA
The Power District #4 Convention will be held next month on June 7th and 8th at the Holiday Inn in Grantville, Pa. and we encourage our membership to attend. There are 6 delegates representing our chapter this year, along with two representatives on the District Lodge District from Chapter #64 District Marshal Dr. Michael Billys and District Warden Christ Megoulas. Chapter #64 delegates chosen to attend will be Brothers Haralambo Arahoas, Dr. Zissis Chronos, John Harbilas, Steve Nicholas, Dimitri Zozos, and Hon. Paul Zozos. The Ahepa National Supreme is taking place in Chicago on July 1-6, 2019.

ATTENTION CHAPTER #64 AHEPAN GOLFERS: There will be a GOLF OUTING taking place on Friday, June 7th beginning at 12 pm noon at the Deer Valley GC. Co-Chairmen District Marshal Billys and District Warden Megoulas are appealing to the Chapter #64 brothers to sign-up to golf in this outing. Foursomes are preferred but singles will be paired with other golfers for this event as fellowship with other brothers hailing from various chapters all over the Commonwealth of Pennsylvania are participating.

The Outing format is non-competitive best ball scramble and an enjoyable round of golf, a chance to play golf and have fellowship with friends and fellow AHEPANS. The course is golfer friendly with wide fairways and large greens. The cost per golfer is $75, which includes, a buffet lunch, golf cart, and 2 complimentary beers. All proceeds to benefit the AHEPA Cooley’s Anemia Foundation. Please click www.ahepapowerdistrict4.com for further information and to register. This website is including registration forms, commemorative ad forms, golf outing registration forms, and other pertinent information regarding the various venues in the Harrisburg/Hershey area for your dining and activities conveniences. Registration Deadline, Friday, May 17th

SCHEDULE OF EVENTS:

Wednesday, May 8th – Membership/Steering Comm. Meeting - 6:00 pm
Monday, May 13th – General Business Meeting – Ahepa Room – 6:30 pm
Sunday, May 26th – Ahepa Day - Memorial Day Tribute – following Liturgy
Sunday, June 9th – Prokop/ Vladyka/Prokop Scholarship Sunday – Awards
Monday, June 17th– General Business Meeting – Ahepa Room – 6:30 pm
*NO MEETINGS SCHEDULED FOR THE JULY AND AUGUST RECESS

AHEPA BLOOD DONOR SCHEDULE
Friday, May 17th, 2018 – 2 buses – Holy Trinity Cathedral – Church Festival
Sunday, September 8th, 2018 – Holy Trinity Cathedral
Sunday, December 8th, 2018 – Holy Trinity Cathedral

Respectfully submitted, Dr. Michael Billys, Chaplain
Membership/Steering Committee, Chairman of Chapter #64
Power District #4 – District Marshal mbillys@aol.com (717) 856-2553
AHEPA CHAPTER #64 BLOOD DRIVE INFO

The following personnel have been trained and certified to operate the AED by the American Heart Association (AHA) standards, as of 1/12/2019, 1/19/2019 and 2/23/2019.

Robert Bowersox
Dimitra Curley
Maria Curley
Katherine Doulgeris
John Doulgeris
Dr Brent Ernst
Dr Maria Papoutsis
John Papoutsis
George Papoutsis
Dana Fleisher-Silen
John Harbilas
Dean Kokos
Nick Mallios

Christ Megoulas
Bob Moeller
John Peslis
Bill Paterekas
Nick Spanos
Nick Theofanis
Yemane Tzeggai
Malcolm Ward
Athanasia Ward
Mary Wallenmeyer
William Wallenmeyer
Otto Wallenmeyer

Signed

Christ P Megoulas
Christ P. Megoulas, ACLS, NREMT-P
AED Program Coordinator

Many thanks to those parishioners who donated The Gift of Life on Sunday, April 21.
Holy Week and Resurrection

Dear Friends, Christ is Risen!! Truly He is Risen!!

I would like to acknowledge and express my gratitude to all in our great Parish of Holy Trinity Cathedral for the participation in the daily Services during Holy Week starting on Palm Sunday morning and evening and for each of the days. It was heart-warming to see the faithful come to Church, to pray and go through the hymns of the church at these Communal Services where all the messages come from the Gospel readings and the hymns of the Church. We went step by step following the Lord to His Passion and to His glorious Resurrection.

Also, from Saturday of Lazarus the involvement of our faithful young and old in helping prepare all the details were exemplary. Our Sunday School Parents’ Committee prepared breakfast for the students after church on Saturday of Lazarus and afterwards parents, students and faithful were making the crosses from palms. On Holy Thursday a group of adults dyed the eggs at 4:00pm and the next day on Holy Friday the Sunday School students placed the red eggs in their plastic sacks and tied them. On the same day the Altar Boys cleaned the Holy Altar while the ladies of our Parish were decorating with all their hearts our Epitaphios, which this year was absolutely magnificent. Thank you! Also thank you to Mrs. Diana Peslis for making and decorating so beautiful the wreath for Christ that we used on Holy Thursday night. Thank you, Diana! Our Sunday School children had sessions in learning about the events of Holy Week while the GOYANS had a very informative session on the sacrifice of Christ with Fr. Aaron. We were so thrilled to see 99 children participate in our Holy Friday Retreat. Thank you, Mrs. Thana Ward and all the Sunday School Teachers.

At the Holy Friday evening procession of the Epitaphios and the dialogue before entering the Church from outside dark to the inside light, was very moving. Again, I would like to emphasize the participation of the faithful. All received a flower at the end of the evening with the greeting Καλή Ανάσταση “a blessed experience for the coming Resurrection of Christ”.

On Holy Saturday evening while the Church was in the dark, the Priest took the light from the vigil light from the Holy Altar and with the only light appearing from the Holy Altar and gave the light to Archon, Mr. John Harbilas, first and then to all in the Church. From dark to light, the Cathedral became illumined by the light coming from the candles held by our faithful. We had the Resurrection Service outside at the usual place.
Also, I would like to thank our Protopsaltis, Mr. Tom Paparoidamis, along with Mr. Thanos Kannelakos, the Azar Family and Fr. Aaron for their solemn and inspiring chanting mornings and evenings. Our choir was very special this year. Mrs. Kathy Doulgeris managed to invite and enlarge our Choir with our Youth who provided strong, well-trained voices and thus upgraded the sound of the whole choir. Thank you. A special thank you to Mrs. Diane Foutres for her participation especially on Holy Thursday evening chanting “Simeron Kremate epi Xsilou...” Thank you Diane.

Our Altar Boys were participating constantly in all the services and offered a tremendous help in the Holy Altar and also in all the processions. It is great to have such a faithful, strong team of kids that love the Lord, love the Services and receive the support from their parents. I am very grateful.

Of course, we had on Holy Friday our Myrofores, the young girls with their baskets offering their flowers to the Epitaphios and escorting the Epitaphios at the procession. Thank you!

On Holy Saturday early evening Mr. Jimmy Orosz decorated so beautifully the top part of the Iconostasis (Icon Screen) for the duration of the Resurrection. He went out and bought the flowers that we see and thus he decorated the Iconostasis. Also, Jimmy was constantly every morning and evening in the Holy Altar during Holy Week helping and serving. He made sure the Altar Boys would know the order of the Services and prayfully to participate in the Holy Altar. Thank you, Jimmy.

In the end, I would like to extend on behalf of the entire Community our gratitude to our Parish Council Members for their participation in the services and mainly for keeping order during and after the Services. They were ready, proactive and constantly in communication with me for small and significant happenings. Great help, great team, great individuals having their hearts where they should belong to Christ, to His Church, to serve everyone in the Community. I am so grateful and honored to have such co-workers. Thank you. Also thank you to Mr. Al Alex for coming early to Church opening the doors, lighting the candles, preparing everything and helping so much. Thank you, Al.

Again, from a grateful heart a heartfelt thank you to all for making this Holy week so special meaningful and inspiring.

In Christ’s love,

Fr. Michael
Joy retreat in Reading, PA on Saturday March 30th, 2019

**2019 EASTERN REGION JOY LENTEN RETREAT**

**SCHEDULE**

10:00 a.m. Registration

10:00 - 10:30 a.m. Morning Prayers in Church

10:35 a.m. – 10:45 a.m. Quiet Time, with Jesus Prayer, in Social Hall

10:45 a.m. – 12:05 p.m. 4 Rotations (20 minutes each)

1. Prayer Bracelet Making Station & Craft with Cross
2. Church Music Station & Scripture Reading: QOYA Room
3. Thank you Card Station
4. Cyanotype Session, with Mirror & Balloons – in Social Hall

12:05 p.m. - 12:37 p.m. Everybody in Social Hall – Talk on Fasting, with Believers from St. Athanasius

12:37 p.m. Lunch

12:37 p.m. - 12:58 p.m. Large Group Activities in Social Hall

Simon Says, Jelly Bean Game, Prostrations

1:29 p.m. - 1:50 p.m. Wrap Up & Closing Prayer

Pictures
Holy Thursday

Epitaphios
Resurrection Service
Our Parish St. John Chrysostom Oratorical Festival was held on March 31st. We were thrilled to have 14 speakers participate this year. Our Judges were Helen Belsak, Dr. Nick Tatalias and Ted Giovanis. Our timekeeper was Paula Pavlis. Many thanks to our Parish Council, AHEPA, Holy Trinity Bookstore, Philoptochos, Greek School PTO and Olympic Flames for their generous donations and scholarships for our speakers. Our finalists were George Papoutsis and Mikaela Ward (Junior Division) and Nicoletta Ariano and Rea Chroneos (Senior Division). The Eastern District Oratorical Festival was held on April 13th at Anunciation Lancaster. George, Mikaela, Rea and Peter Ariano represented our Parish. Peter Ariano was one of the two Senior Finalists who will represent the Eastern District at the Metropolis Level of the Festival on May 18th in Pittsburgh. Rea Chroneos and George Papoutsis are alternates to the Metropolis level. We are very proud of all of our young speakers. Ann Ariano and Peter Pavlis (Festival Co-Chairs)

(left to right) Vasoula Petsinis, Sienna Robiel, Sidona Robiel, Kristina Chroneos, Rea Chroneos, Sophia Hershey, Father Aaron, Father Michael, Nicoletta Ariano, Maria Shay, Kalliope Petsinis, Mikaela Ward, Athanasia Petsinis, George Papoutsis, Nikolas Papoutsis, Peter Ariano
GoYA Spring Retreat

On Friday-Sunday, April 5-7, the Metropolis of Pittsburgh held its annual GoYA Spring Retreat at Camp Nazareth in Mercer, Pennsylvania. Seven Goyans, along with Father Aaron, attended the retreat. The keynote speaker was newly-ordained Deacon George Athanasiou who spoke on the theme: “Made Perfect Through My Weakness”.

As we go through school, we begin to discern what kind of profession we would like to undertake. We notice things about ourselves, strengths, but also weaknesses. We may identify that these weaknesses may prevent us from achieving our desired goal. Thus, we attempt to overcome these potential obstacles by turning these weaknesses into strengths. Sometimes it seems that we may never overcome these weaknesses, no matter how hard we try. We see this, too, in our spiritual lives as Orthodox Christians.

Our Lord and Savior Jesus Christ, when the Holy Apostle Paul prayed repeatedly for the Lord to remove a weakness from him, said to Paul: “My grace is sufficient for you, for My strength is made perfect in weakness.” It is to our benefit that we are not already perfected, that we indeed have some, or even many weaknesses. It is in our weaknesses that we may learn to humble ourselves, to place our trust wholly in the Lord our Savior. If we were self-sustaining, not needing anyone else, we would not possibly learn how to become better, Christ-centered Christians. We would not be able to learn how to love selflessly as our Lord loves us. It is in our weaknesses that prompts us to pray to God, to ask for His help, for without God, we can do nothing.

What can we do? We can pray to God, to allow Him to change our hearts. We can attend the service and receive the Great and Holy Sacraments. The goal is unity with God. He offers to share in His heavenly kingdom, if only we simply follow Him and perform His commandments. Yet, we still lose our way and fall into sin. Thus, we are encouraged to regularly go to confession, the priest can help us with our spiritual lives. They are our guides! The key is to allow ourselves to be vulnerable, to face our imperfections, ask for God’s help and grace. Through our struggle, may we be granted a place in the Lord’s heavenly kingdom.

Joy Lenten Retreat!

On Saturday, March 20, several of our Joy kids and parents attended the JOY Lenten Retreat. This year, the retreat was hosted by Sts. Constantine and Helen in Reading and led by Dn. Konstantinos Koutoubas. The retreat began with a prayer service, included arts and crafts, a session on learning hymns of the Church, and a lesson on the importance of the sacrament of confession. The retreat concluded with a wonderful lunch. We are thankful to Dn. Konstantinos and the parish for hosting us!

Mark Your Calendar!

- Saturday, May 4: Soccer Tournament at Annunciation Church in Lancaster!
- May, TBD: GoYA End of Year Picnic!
- May 17-19: Holy Trinity Greek Festival!
SCHOLARSHIPS! ATTENTION PARENTS AND HIGH SCHOOL SENIORS!

The scholarships listed below are available to our parishioners.

If you are interested, contact the individuals mentioned for an application.

BE SURE TO CALL TODAY! FYI – Scholarship Sunday is June 2, 2019.

THREE HIERARCHS SCHOLARSHIP AWARDS FOR GRADUATING HIGH SCHOOL SENIORS

In 1981, Drs. Anthony and Joyce Kales conceived, established and originally funded five endowment funds for Holy Trinity Greek Orthodox Cathedral. These endowment funds included: The Three Hierarchs Scholarship Awards Fund; Saints Joachim and Anna Senior Citizens Fund; Saints Eleftherios and Stylianos JOY Fund; Saint Gregory Palamas Holy Cross Seminary Fund; and, Saint Cosmas Aitolos Greek School Fund.

The Drs. Kales intended the Three Hierarchs Scholarship Awards to recognize and stimulate interest in superior academic achievement among our young parishioners. They continued to fund and manage this endowment until it grew substantially so that it now can provide up to 5 or 6 Three Hierarchs Scholarship Awards yearly from the Drs. Anthony and Joyce Kales Fund within the overall endowment.

In the 1990’s a contribution by Costas and Ekaterina Costopoulos allowed for creation of the Costas and Ekaterina Costopoulos Family Fund within the overall Three Hierarchs Endowment which can provide for an additional yearly scholarship.

Each year, at the beginning of May, all graduating high school seniors who are members of the Holy Trinity Greek Orthodox Cathedral community are eligible to submit their high school transcript and information of superior academic achievement and scholastic standing to be considered for this award. The application is evaluated in relation to the following criteria: (1) a combined SAT score for critical reading and math of 1320 or greater (the combined scores must be from the same SAT exam i.e., scores cannot be combined from two separate exams); and (2) membership in the National Honor Society, (3) Grade Point Average of 3.5 or above. The amount of the scholarship awards may vary between $500 and $1500 depending on the amount of funds available for distribution. It is emphasized that the applicants must have taken the SAT examination. i.e. ACT substitution is not allowed. Those graduating high school seniors who wish to be considered for an award may request an application packet from the Church Office. The application with all required information as outlined must be submitted to the Church Office by Sunday, May 6, 2019 to be eligible for consideration. Any questions should be directed to Dr. Anthony Kales by email tonykales@aol.com.

Selected candidate/s will be notified and invited to attend Holy Trinity’s Youth Recognition Sunday on June 2nd to receive the award immediately following Divine Liturgy.

NEOHORITON SYLLOGOS SCHOLARSHIP: Each year, graduating high school seniors who are of Neohoriton heritage are eligible to submit their high school transcript and information of superior academic achievement and scholastic standing to be considered for a Neohoriton Syllogos Scholarship award.

The scholarship award was established to recognize superior academic achievement among our Neohoriti youth. Selection for this scholarship award will be based on a student’s academic performance in relation to the following criteria: (1) Class Ranking; (2) Grade Point Average; and (3) SAT scores. Selected candidates will be notified and invited to the Annual Neohoriton Picnic to be held during the latter part of July to receive the scholarship award.

Those graduating seniors who wish to be considered for an award may request an application packet from Holy Trinity Cathedral Office or may contact Mrs. Panagiota Asimakakis-Rouvalis at (717) 776-3001, or e-mail address: pasimakaki@gmail.com. The application with all required information as outlined in the application must be submitted by Sunday, May 5, 2019 to be eligible for consideration.

THE PAPOUTSIS FAMILY SCHOLARSHIP: The A.V. Papoutsis Family Hellenic Scholarship Fund was established in 2019 by Mr. Andrew V. Papoutsis in memory of his parents, Vasilios and Demetra Papoutsis, to recognize and support academic and vocational achievement among our young parishioners. Each year, a graduating high school senior who has demonstrated meritorious academic and/or community achievements will receive a $3000 scholarship (with the opportunity for up to 3 additional years of scholarship provided he/she continues to meet the fund’s eligibility requirements). Members of the Camp Hill Holy Trinity Greek Orthodox Cathedral community or York Annunciation Greek Orthodox Church are eligible to be considered for this award. The A.V. Papoutsis Family Hellenic Scholarship Committee will select the scholarship recipient based on: 1. Financial Need, 2. Academic & Extracurricular Accomplishments 3. Social & Community Standing. Those graduating seniors who wish to be considered for an award may request application information from Irene Mulkerin (Irene.papoutsis@gmail.com) The application and all accompanying documents must be received by May 5, 2019 to be eligible for consideration. (Continued...
PHILOPTOCHOS: The St. Catherine Philoptochos Society is offering the annual Eleftheria Zozos Memorial Scholarship to any female parishioner graduating from high school. The scholarship is not based on scholastic ability; rather, it is based strictly on service and involvement with our Cathedral, the High School, and the Civic Community. For an application, write or contact the church office c/o St. Catherine Philoptochos - Eleftheria Zozos Scholarship. Deadline is May 22, 2019.

AGIOS TAXIARHIS EVRYTANIAN ASSOCIATION “VELOUCHI” CHAPTER 18: is happy to announce the availability of scholarships for the 2018-2019 academic year. The Evrytanian Association is a philanthropic organization founded in 1944 in Charlotte, NC. The local chapter, Agios Taxiarhis, is one of 18 national chapters. This scholarship is awarded annually to a student whose family is in good standing of the Velouchi organization for the past two years and is an entering freshman or already in college. This scholarship is given solely on the basis of the recipient’s academic accomplishments.

Scholarship Requirements and Guidelines:
--Student’s family are members of good standing of the Velouchi organization for two years prior to applying for the scholarship.
--High school seniors (must be in the process of competing high school).
--University/College undergraduate students.
--Complete and submit an application by May 20, 2019.
--Official high school or undergraduate transcript.
--Personal statement (see scholarship application for question).
--2 Letters of recommendation from someone who has known you for at least two years.

We invite interested applicants to apply if you meet the eligibility requirements. To obtain a copy of the scholarship application please visit the church office for a copy or contact Vicki Keriazes. All questions should be submitted to Vicki Keriazes at vicki.keriazes@gmail.com.

2019 AHEPA SCHOLARSHIP ANNOUNCEMENT: Once again, the John L. Prokop/Alfreda Vladyka-Prokop Order of AHEPA Chapter # 64 Scholarships are being offered to all interested students. Both the Merit Scholarships and the General Scholarships will be awarded to qualified recipients. Merit recipients will receive a minimum $1,500.00 and General Scholarship recipients will receive a minimum of $500. Please note that the scholarship is renewable four times, and does not have to be in consecutive years.

Requirements are:
1.) That you, your parents, or your grandparents are either a steward or stewards of the Holy Trinity Greek Orthodox Cathedral in Camp Hill, Pa; or you are a child/grandchild of an AHEPAN Brother who is listed in good standing of the AHEPA Chapter #64.
2.) That you are a high school senior about to graduate and apply for acceptance to an accredited institution of higher learning; a student continuing his or her education in an institution of higher learning; or an applicant who is applying to a trade school/vocational school or continuing in such an institution.
3.) That you COMPLETE and submit the AHEPA Scholarship application BY THE DUE DATE!
4.) That you submit an official transcript from your high school or institution of higher education. If applying for a General Scholarship you must have a 2.5 GPA. Students applying for a merit scholarship while in high school or in college must have a 3.50 GPA to be considered.

Application Deadline is Wednesday May 22nd, 2019. Applications may be picked up at the church office or by going online to the Church’s web site: www.holytrinityhbg.org. Submit completed applications to: The Holy Trinity Greek Orthodox Cathedral, 1000 Yverdon Drive, Camp Hill, Pa 17011 Attn: Nick Stamos, Scholarship Chairman

If you are in need of further assistance, you may contact Nick Stamos at: email: ngs8541@comcast.net, or by Phone: (717) 458-8042 or Text: (717) 385–4757
# 2019 Festival Baking Calendar of Events

<table>
<thead>
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<tbody>
<tr>
<td>Baklava</td>
<td>Wednesday, May 1st</td>
<td>9AM – 2PM</td>
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<tr>
<td>Baklava</td>
<td>Tuesday, May 7th</td>
<td>9AM – 2PM</td>
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<tr>
<td>Baklava/Baklava Sundaes</td>
<td>Wednesday, May 8th</td>
<td>9AM – 2PM</td>
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<tr>
<td>Karidopita, Kataifi me Crema (Cupping)</td>
<td>Monday, May 13th</td>
<td>9AM – 2PM</td>
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<td>Kataifi me crema Cupping, Boxing</td>
<td>Tuesday, May 14th</td>
<td>9AM – 2PM</td>
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<td>Kataifi me crema Cupping, Boxing</td>
<td>Wednesday, May 15th</td>
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STEWARDSHIP: ** Managing Your 2019 Giving Online!!! **

You can now manage your 2019 giving online! Giving online is easy and allows you to set up automatic recurring contributions and to view your complete online giving history from anywhere you have access to the Internet. Simply follow these easy steps:

- Visit the church website at [www.holytrinityhbg.org](http://www.holytrinityhbg.org)
- Click on the ONLINE GIVING button.
- Click on the CREATE PROFILE button.
- Follow onscreen instructions to create an online profile and to schedule your recurring contributions.

You will be prompted to enter your annual pledge amount and then choose the frequency with which you would like to pay it (weekly, monthly, quarterly, annually). If you enter your pledge amount online, you do not need to return the paper to the office with that amount. These 2019 stewardship payments will not begin until January 2019.

Additionally, there will be a button on our website called DONATE. You can use this button to donate online for memorials, general donations, Christmas offering, Easter offering, Saturday of Souls offering, Christmas flowers, and Easter flowers. If you have any questions concerning this process, please contact Mary in the church office at (717) 763-7441.
Η ΠΗΓΗ ΜΑΙΟΥ 2019

ΕΠΙΤΡΟΠΟΙ ΓΙΑ ΤΟΝ ΜΑΙΟ

5 Κώστας Παππάς
12 Ιωάννης Χαρμπίλας
19 Αθανάσιος Μπαλαφούτας
26 Δημήτριος Σήνος

ΑΝΑΓΝΩΣΤΕΣ ΕΠΙΣΤΟΛΩΝ ΜΑΙΟΥ

5 Κυριακή του Θωμά
Πράξεις των Αποστόλων 5:12-20
Αναγνώστης: Δημήτριος Ζόζος

12 Κυριακή των Μυροφόρων/Ημέρα τής Μητέρας
Πράξεις των Αποστόλων 6:1-7
Αναγνώστης: Ιωάννης Πεσλής

19 Κυριακή του Παραλύτου
Πράξεις των Αποστόλων 9:32-42
Αναγνώστης: Δημήτριος Λλόιντ

26 Κυριακή της Σαμαρείτιδος
Πράξεις των Αποστόλων 11:19-30
Αναγνώστης: Πήτερ Α. Αφτοσμής

23 Κυριακή τόν Αγίων Πάντων
Αναγνώστης: Ρόμπερτ Μώλερ

30 Σύναξις των Αγίων Αποστόλων
Α’ Κορινθίους 4:9-16
Αναγνώστης: Πήτερ Ε. Αφτοσμής

ΑΝΑΓΝΩΣΤΕΣ ΕΠΙΣΤΟΛΩΝ ΙΟΥΝΙΟΥ

2 Κυριακή τόν Τυφλού
Πράξεις των Αποστόλων 16:16-34
Αναγνώστης: Εντ Γουόρντ

9 Κυριακή τόν Πατέρων τής 1η Οικουμενικής Συνόδου
Πράξεις των Αποστόλων 20:16-18, 28-36
Αναγνώστης: Κων/τίνος Κόκος

16 Κυριακή τής Πεντηκοστής/Ημέρα τού Πατέρα
Πράξεις των Αποστόλων 2:1-11
Αναγνώστης: Αννα Αριάνο

ΜΝΗΜΟΣΥΝΑ

• Κυριακή 12 Μαίου
Τεσσαρακονθήμερον Μνημόσυνο,
Λουλούδια και Καφές γιά τήν Σταμάτια
Μάμμης

ΓΕΝΝΑ
Συγχαρητήρια στον Γέωργιο και Πελαγία
(Χαρμπίλα) Πεσλή γιά τήν γέννησι τός Σαμαρείτης τους, Ελιάννας Πελαγίας στις 25 Απριλίου 2019.
Νά σας ζήση!!

ΒΑΠΤΙΣΗ
Συγχατηρίστη οίν ι ον θ ε ι τ ο ι ο τ η ι ο τ ο υ τ τ ι α ι α ι ο φ η ι α ι ε ν
(Ντζανή) Λαύδα γιά τήν βάπτιση τής κόρης τους, Θωμάς τήν Δευτέρα 29 Απριλίου. Οι Ανάδοχοι ήτο
ο Πήτερ Α. Αφτοσμής και Κων/τίνα Τσιντσέλη.

ΚΗΔΕΙΑ
Εκφράζουμε τα πιό θερμά μας Συλλυπητήρια στήν
Οικογένεια τού Νικολάου Μαυρόπουλου πού
εκοιμήθη στίς 17 Απριλίου 2019.

ΕΚΑΘΗΛΩΣΕΙΣ ΚΑΙ ΔΡΑΣΤΗΡΙΟΤΗΤΕΣ ΓΙΑ ΤΟΝ ΜΑΙΟ

ΚΑΤΗΧΗΤΙΚΟ ΣΧΟΛΕΙΟ
Η τελευταία Κυριακή Κατηχητικού Σχολείου για παιδιά ηλικίας 3 ετών έως 11 τάξης θα πραγματοποιηθεί την Κυριακή 2 Ιουνίου μετά τη Θεία Κοινωνία στην Κοινωνική Αίθουσα. Τα παιδιά θα λάβουν τα Πιστοποιητικά
τους και ένας απλά θα σερβίρεται. Η 12η Τάξη θα παραμείνει στην εκκλησία για τις Υποτροφίες και Αναγνώριση Μεταπτυχιακών Σπουδών. Όλοι οι τελειόφοιτοι πρέπει να δώσουν τις πληροφορίες τους για την αποφοίτησή τους στο γραφείο της εκκλησίας το συντομότερο δυνατό! Έχετε ένα ευλογημένο Μάιο.

ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ

Βρισκόμαστε κοντά στο τέλος της σχολικής μας χρονιάς. Είμαστε ευχαριστημένοι με τους μαθητές και τους γονείς τους που έρχονται στο ελληνικό μας σχολείο όλο το χρόνο. Οι μαθητές έχουν προσπαθήσει να μάθουν και να σπουδάσουν την ελληνική γλώσσα, τα ήθη και τα έθιμα του Ελληνισμού. Ευχαριστούμε στους γονείς που έφερναν πιστά τα παιδιά τους στο Ελληνικό Σχολείο. Επίσης, μεγάλο ευχαριστώ ανήκει στους εκπαιδευτικούς για την αποφασιστικότητά τους και τις ικανότητές τους για να βοηθήσουν τα παιδιά. Η τελευταία ημέρα των μαθημάτων με το πρόγραμμα θα είναι Τετάρτη, 5 Ιουνίου.

ΟΙ ΟΛΥΜΠΙΑΚΕΣ ΦΛΟΓΕΣ

Αμα έχετε καμιά ερώτηση παρακαλούμε να μιλήσετε με τις δύο συμ-προέδρους, Μάνθα Δημοπούλου και Αννα Αριάνο. Θα έχουμε πρόβα χορού για τόν Μαίο:
Τετάρτη 1 Μαίου
Κυριακή 5 Μαίου
Τετάρτη 15 Μαίου
Τό Φεστιβάλ θά γίνει 17 – 19 Μαίου
Θά στείλουμε ειδοποίσεις όταν θά χορέψουν τά παιδιά.

ΦΙΛΟΠΤΩΧΟΣ

ΕΝΑ ΜΕΓΑΛΟ ΕΥΧΑΡΙΣΤΩ σε όλες τις γυναίκες που βοήθησαν στην προετοιμασία και υποστήριξη του Tsoureki Fund Raiser. Ήταν μια επιτυχία εξαιτίας της σκληρής δουλειάς από το ψήσιμο μέχρι την πώληση και την απόλαυση του νόστιμου ψωμιού Πασχαλινού Τσουρέκι.
Οι τσάντες μεσημεριανού γεύματος για τους άστεγους έδωσαν τα παιδιά και οι γονείς και ο Φιλοπτωτσός έδωσε τα υπόλοιπα. Αγαπητές Κυρίες Όλων των ηλικιών 18 ετών και άνω παρακαλούμε να έρθετε και να ενταχθείτε στην Αγία Αικατερίνη Φιλοπτώχου. Οι εκλογές μας της Φιλόπτωχου πραγματοποιούνται την Πέμπτη 23 Μαΐου στις 6:45 μ.μ. κατά τη συνάντηση μας τον Μάιο. Παρακαλείσθε να σκεφθείτε να γίνετε μέλη του συμβουλίου της Φιλόπτωχου, υποβάλλοντας το όνομά σας στην Χριστίνα Στάμου ή στην Βασιλική Κατσαούνη-Μαζιά ή στον πίνακα Philoptochos Membership στο Social Hall κατά την ώρα του καφέ.

ΣΥΛΛΟΓΟΣ ΑΓ. ΙΩΑΚΕΙΜ ΚΑΙ ΑΝΝΑΣ

Χριστός Ανέστη σέ όλους!!! Αφού θά έχουμε τό Φεστιβάλ μας στόν μήνα Μαίου, δέν θά έχουμε τήν μηνιαία συνάντηση μας γιά τόν μήνα Μάιο. Η επομένη συνάντηση/πίκ-νικ θα γίνει την Τρίτη 4 Ιουνίου μαζί με την Φιλόπτωχο.
Η συμμετοχή στον Σύλλογο Ιωακείμ και Αννα είναι ανοιχτή στους Ορθόδοξους ενορίτες που είναι 55 ετών και άνω. Ωστόσο, οποιοσδήποτε ενορίτης μπορεί να παρευρεθεί στις συναντήσεις μας και να συμμετάσχει στα ταξίδια μας και στις άλλες δραστηριότητες.

ΒΙΒΛΙΟΘΗΚΗ

Η Βιβλιοθήκη της Εκκλησίας διαθέτει βιβλία γιά την Ορθοδοξία και την Ελλάδα για παιδιά και μεγάλους. Μπορείτε να δανειστείτε βιβλία υπογράφοντας το βιβλίο που είναι στην Βιβλιοθήκη. Μπορείτε να κρατήσετε τα βιβλία γιά ορισμένο καιρό, αλλά σάς παρακαλούμε να επιστρέψετε γιά να μπορούν και άλλοι να τα διαβάσουν. Ευχαριστούμε.

ΒΙΒΛΙΟΠΩΛΕΙΟ – ΒΙΒΛΙΑ ΚΑΙ ΔΩΡΑ

Εχουμε μεγάλη ποικιλία αντικειμένων στο βιβλιοπωλείο. Παρέχουμε εικόνες, θυμιάμα, κάρβουνο και θυμίαμα για οικιακή χρήση. Ολα τα έσοδα από το βιβλιοπωλείο είναι προορισμένα στην ενεργειακή επανάληψη.
Έχουμε μια επιλογή από CD που ο πατέρας Μιχαήλ πήρε κατά τη διάρκεια της Κληρικο-Λαϊκής το περασμένο καλοκαίρι. Προσθέτουμε συνεχώς νέους τίτλους βιβλίων στην εξαιρετική μας συλλογή ορθοδόξων βιβλίων για ενήλικες και παιδιά. Μπορούμε επίσης να προσφέρουμε ειδικά βιβλία, εικόνες και άλλα αντικείμενα που κανονικά δεν είναι πάντοτε στο βιβλιοπωλείο. Επίσης, παραγγέλνουμε εικόνες και άλλα αντικείμενα από το Μοναστήρι της Αγίας Σκέπης όταν χρειαστεί.

Έχουμε το κρασί που χρησιμοποιείται για την κοινωνία διαθέσιμο για αγορά και δωρεά στον Πατέρα Μιχαήλ για χρήση κατά τη διάρκεια της κοινωνίας. Προσθέσαμε πρόσφατα μπουκάλια ελαφρού ελαιολάδου που μπορούν να δωρηθούν στο Ιερέα για το ακούμπη φως στην Αγία Τράπεζα. Φέρνουμε επίσης ένα ταφικό ύφασμα (Σάβανο) που ευλογήθηκε στην Ιερουσαλήμ στο τάφο του Χριστού. Αυτό μπορεί να χρησιμοποιηθεί για κηδείες.

Οι κανονικές ώρες λειτουργίας του Βιβλιοπωλείου της Αγίας Τριάδας είναι αμέσως μετά τη Θεία Λειτουργία την Κυριακή και την ημέρα που ο Σύλλογος Αγ. Ιωακείμ και Άννα συναντιούνται από τις 11:00 π.μ. έως τις 1:00 μ.μ. Για περισσότερες πληροφορίες, επικοινωνήστε με τον Jim και τον Kiki Lloyd email: bookstore@holytrinityhbg.org ή τηλεφωνήστε στο 717-507-0003.

ΓΚΡΟΥΠ ΠΕΝΘΟΥΣ
Αυτό τό γκρούπ έχει συνάντηση μία φορά το μήνα την Πέμπτη. Η Πρεσβυτέρα με τον Πάτερ-Μιχαήλ προσκαλούν την συμμετοχή αυτών των γυναικών. Η επομένη συνάντησή μας θα γίνεται στις 11:30 πμ την Πέμπτη 30 Μαίου 2019. Συζητόμε για διάφορα θέματα που αφορούν τους συμμετέχοντες. Παρακαλούμε να έλθετε.

ΓΚΡΟΥΠ ΓΙΑ ΜΗΤΕΡΕΣ
Ο στόχος της ομάδας αυτής είναι να ενθαρρύνει τον πνευματικό διάλογο μεταξύ των μητέρων στην κοινότητα μας όσον αφορά την ανατροφή των παιδιών μας σε ορθόδοξο χριστιανικό σπίτι. Μπορούμε όλοι να αναφέρουμε πολλές προκλήσεις που αντιμετωπίζουμε καθώς τα παιδιά μας μεγαλώνουν από μικρά και από το νηπιαγωγείο μέχρι το λύκειο. Τα θέματα επικεντρώνονται στο πώς η Ορθόδοξη ζωή γίνεται μια πρακτική και ζωντανή εμπειρία στην καθημερινότητά μας. O πατήρ Μιχαήλ καθοδηγεί την σύναξη. Η συνάντηση γίνεται στη Βιβλιοθήκη κάθε μήνα. Η επομένη συνάντηση θα πραγματοποιηθεί στις 7:00μμ στις 1 Μαίου 2019.

ΚΟΛΛΥΒΑ
Παρακαλούμε να γνωρίζετε ότι τά Κόλλυβα ετοιμάζονται γιά τό κόστος $135 από τίς κυρίες:

Σοφία Καλδή  717-766-4031
Παναγιώτα Orosz   717-258-3498
Και οι δυο κυρίες είναι έτοιμες να σας βοηθήσουν. Παρακαλούμε να μιλήσετε κατ’ ευθείαν με όποια κυρία θέλετε για νά σάς ετοιμάσει κόλλυβα γιά τό Μνημόσυνο που θέλετε.

ΔΙΑΔΡΟΜΟΣ ΠΙΣΤΩΝ
Εάν θέλετε να προσθέσετε ένα όνομα είς μνήμη της πρός τιμήν σας προσώπου στό διάδρομο των πιστών μπορείτε να ζητήσετε αίτηση από τό γραφείο τής Εκκλησίας. Αν έχετε ερωτήσεις επικοινωνείστε μέ τόν Δημήτρη Ζόζο 717-648-6720.

ΕΙΔΟΠΟΙΗΣΗ ΓΙΑ ΜΗΤΕΡΕΣ ΝΗΠΙΩΝ
Εάν είστε γονέας μικρών παιδιών και θέλετε να προσφέρετε εθελοντικά βοηθήσουν τη φροντίδα του παιδικού σταθμού, παρακαλούμε να συμμετάσχετε στη σελίδα Facebook: Nursery Holy Trinity@Camp Hill ή επικοινωνήστε με την Faith Sgagias στο faithlarue@gmail.com. Ευχάριστα μας.

ΝΑ ΠΡΟΣΕΥΧΟΜΑΣΤΕ ΓΙΑ ΤΟΥΣ ΆΣΘΕΝΕΙΣ, ΤΟΥΣ ΑΝΗΜΠΟΡΟΥΣ, ΤΟΥΣ ΔΥΣΤΥΧΕΙΣ
«Η προσευχή των δίκαιων είναι ισχυρή και αποτελεσματική» (Ιακ. 5.16)
Αν γνωρίζετε κάποιο άτομο σε νοσοκομείο που θα ήθελε μια επίσκεψη, παρακαλούμε τηλεφωνήστε στον πάτερ Μιχαήλ (717) 818-1160 ή τήν κ. Γεωργία Λουκά (717) 697-0913.
Ελπίζουμε να μοιραστείτε στο μέλλον ονόματα ατόμων που είναι άρρωστα ώστε η κοινότητα να μπορεί να τους κρατήσει σε προσευχή. Αν ξέρετε πρόσωπα που είστε βέβαιοι ότι θα ήθελαν να έχουν τα ονόματά τους γραμμένα, τότε παρακαλούμε δώστε τα ονόματά τους στην γραμματέα της Εκκλησίας.

**ΣΗΜΑΝΤΙΚΗ ΣΗΜΕΙΩΣΗ**
Εάν είστε Γιατρός, Νοσηλευτής, EMT ή άλλος ιατρικά εκπαιδευμένος επαγγελματίας που επιθυμείτε να βοηθήσετε όταν υπάρχει έκτακτη ιατρική ανάγκη στον Καθεδρικό Ναό μας, επικοινωνήστε με το γραφείο της εκκλησίας για να μπορέσετε να συμπεριλάβετε το όνομά σας σε μια λίστα που φυλάσσεται στο Νάρθηκα και γραφείο για το κοινοτικό μας συμβούλιο και το προσωπικό των γραφείων.

ΕΝΔΙΑΦΕΡΟΜΕΝΟΙ ΓΙΑ ΜΑΘΗΣΗ ΒΥΖΑΝΤΙΝΗΣ ΜΟΥΣΙΚΗΣ:
Fr. Ο Aaron Gilbert προσφέρει μαθήματα βυζαντινών ψαλμών και Σάββατο στις 4:45 μ.μ. Εάν ενδιαφέρεστε, επικοινωνήστε με τον Fr. Aaron στο (717) 727-4014, ή μέσω ηλεκτρονικού ταχυδρομείου στο aaron@holytrinityhbg.org.

ΦΩΝΗΤΙΚΕΣ ΠΡΟΒΕΣ ΓΙΑ ΤΟΥΣ ΝΕΟΥΣ ΣΤΟ JR ENSEMBLE
Οι ακροάσεις θα πραγματοποιηθούν τον Μαίο και τόν Ιούνιο για την 23η επέτειο της Εκδηλώσεως που θα πραγματοποιηθεί αυτό τον Φθινόπωρο. Όλοι οι μαθητές, ηλικίας 9 - 18 ετών, είναι επιλέξιμοι. Τα προσόντα περιλαμβάνουν όλα τα μουσικά όργανα, το φωνητικό, το μπαλέτο και το δράμα. Για πληροφορίες και ραντεβού, επικοινωνήστε με την Κωνσταντίνα Κόκου στο (717) -571-9066.

Τό γεύμα θα γίνει την Κυριακή 13 Οκτωβρίου στις 12μεσημέρι στο Χώλ. Όσοι ενδιαφέρονται παρακαλούμε να μιλήσετε με την Ka. Βύρνα Κουίνα 717-737-0647 ή την Κωνσταντίνα Κόκου 717-571-9066. Ενθαρρύνουμε όλους τους νέους της κοινότητάς μας να συμμετέχουν σε αυτήν την ταλαντούχα ομάδα μουσικών και ερμηνευτών, να μοιραστούν τα ταλέντα τους και να εμπνεύσουν και άλλους να ενταχθούν. Διστιθείτε δωρεάν γεύμα. Όλοι είναι ευπρόσδεκτοι να παραστούν.

**ΘΕΙΕΣ ΛΕΙΤΟΥΡΓΙΕΣ ΚΑΙ ΓΕΓΟΝΟΤΑ ΤΟΥ ΜΑΙΟΥ 2019**

**ΤΕΤΑΡΤΗ 1 ΜΑΙΟΥ**
5:15μ.μ. – 7:00μ.μ. Ελληνικό Σχολείο και γιά Μεγάλους
7μμ Συνάντηση με τις Μητέρες
7:00μ Πρόβα Χορού

**ΠΑΡΑΣΚΕΥΗ 3 ΜΑΙΟΥ**
Της Ζωοδόχου Πηγής
8:15μ Ορθρός
9:00μ Θεία Λειτουργία
6:00μ Γκόγια Πικ-Νικ

**ΚΥΡΙΑΚΗ 5 ΜΑΙΟΥ**
Κυριακή του Θωμά/Αγ. Ειρήνης
8:15μ Ορθρός
9:30μ Θεία Λειτουργία
Πρόβα Χορού

**ΤΡΙΤΗ 7 ΜΑΙΟΥ**
Φέστιβαλ: Θά κόψουμε το Μπακλαβάτη
Συσκευασία των γλυκισμάτων

**ΤΕΤΑΡΤΗ 8 ΜΑΙΟΥ**
Αγίου Ιωάννου του Θεολόγου/Αγ. Αρσένιου του Μεγάλου
8:15μ Ορθρός
9:00μ Θεία Λειτουργία
Φέστιβαλ: Θά κόψουμε το Μπακλαβάτη
Συσκευασία των γλυκισμάτων
5:15μ – 7:00μ Ελληνικό Σχολείο και γιά Μεγάλους

**ΠΕΜΠΤΗ 9 ΜΑΙΟΥ**
10:30μ Αγγλικά Αγιογραφική Μελέτη
6:30μ Αγγλικά Αγιογραφική Μελέτη

**ΣΑΒΒΑΤΟ 11 ΜΑΙΟΥ**
9:00μ Θεία Λειτουργία στο Τσέιμπορσμπεργκ
6:00μ Εσπερινός
ΚΥΡΙΑΚΗ 12 ΜΑΙΟΥ
Κυριακή τών Μυροφόρων/Εορτή τής Μητέρας
8:15πμ Ορθρός
9:30πμ Θεία Λειτουργία

ΛΕΥΤΕΡΑ 13 ΜΑΙΟΥ
9:00πμ Φεστιβάλ: Καρυδόπιττα καί Καταίφι μέ κρέμα
Συσκευασία τών γλυκισμάτων
Ετοιμασίες γιά τό Φεστιβάλ

ΤΡΙΤΗ 14 ΜΑΙΟΥ
9:00πμ Φεστιβάλ: Καρυδόπιττα καί Καταίφι μέ κρέμα
Συσκευασία τών γλυκισμάτων
Ετοιμασίες γιά τό Φεστιβάλ

ΤΕΤΑΡΤΗ 15 ΜΑΙΟΥ
9:00πμ Φεστιβάλ: Συσκευασία τών γλυκισμάτων
Ετοιμασίες γιά τό Φεστιβάλ
7:00μμ Πρόβα Χορού

ΠΕΜΠΤΗ 16 ΜΑΙΟΥ
Ετοιμασίες γιά τό Φεστιβάλ

ΠΑΡΑΣΚΕΥΗ 17 ΜΑΙΟΥ
ΦΕΣΤΙΒΑΛ
11ΠΜ – 8ΜΜ

ΣΑΒΒΑΤΟ 18 ΜΑΙΟΥ
ΦΕΣΤΙΒΑΛ
11ΠΜ – 8ΜΜ

ΚΥΡΙΑΚΗ 19 ΜΑΙΟΥ
Κυριακή του Παραλύτου
8:15πμ Ορθρός
9:30πμ Θεία Λειτουργία
ΦΕΣΤΙΒΑΛ
11ΠΜ – 4ΜΜ

ΛΕΥΤΕΡΑ 20 ΜΑΙΟΥ
Καθαριότητα από τό Φεστιβάλ.

ΤΡΙΤΗ 21 ΜΑΙΟΥ
Αγ. Κον/τίνου και Ελένης
8:15πμ Ορθρός
9:00πμ Θεία Λειτουργία
Καθαριότητα από τό Φεστιβάλ
7:00μμ Συνάντηση του Συμβουλίου

ΤΕΤΑΡΤΗ 22 ΜΑΙΟΥ
ΜΕΣΟ-ΠΕΝΤΗΚΟΣΤΗΣ
8:15πμ Ορθρός
9:00πμ Θεία Λειτουργία
5:15μμ – 7:00μμ Ελληνικό Σχολείο καί γιά Μεγάλους

ΠΕΜΠΤΗ 23 ΜΑΙΟΥ
10:30πμ Αγγλικά Αγιογραφική Μελέτη
6:45μμ Συνάντηση και Εκλογές τής Φιλοπτώχου

ΣΑΒΒΑΤΟ 25 ΜΑΙΟΥ
Τσισάγιο – Κοιμητήρια
9:30πμ Τσεϊμποργσμπεργκ
11:00πμ Σίπενσμπουργκ
12:30μμ Καρλάιλ
6:00μμ Εσπερινός

ΚΥΡΙΑΚΗ 26 ΜΑΙΟΥ
Κυριακή της Σαμαρίτειδος
8:15πμ Ορθρός
9:30πμ Θεία Λειτουργία
Τρισάγιο γιά τήν ΑΧΕΠΑ

ΛΕΥΤΕΡΑ 27 ΜΑΙΟΥ
Μεμόριαλ Ντέϊ
Τρισάγια στά Κοιμητήρια
Paxtang – 10:00πμ
Harrisburg East – 10:30πμ
Rolling Green – 12:30μμ
Ft. Indiantown Gap Cemetery – 2:00μμ

ΤΕΤΑΡΤΗ 29 ΜΑΙΟΥ
5:15μμ – 7:00μμ Ελληνικό Σχολείο καί γιά Μεγάλους

ΠΕΜΠΤΗ 30 ΜΑΙΟΥ
10:30πμ Αγγλικά Αγιογραφική Μελέτη
11:30πμ Γκρούπ Πένθους
6:30μμ Αγγλικά Αγιογραφική Μελέτη
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**American United for Health Reform**

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In an effort to contain printing costs for monthly newsletters, many churches have turned to paid advertisements in their publications. Parish Council has agreed to adopt this funding source for our monthly publication. Doing this would help lessen and possibly erase the expense of publishing the Source.

We now have availability for two pages of paid ads in our monthly Source. The ad price will represent a year of advertising or 11 issues as we combine the June and July Source into one issue. Ads are sold by the block. There will be room for 24 ads or blocks per page. You may purchase more than one block for increased space and presentation. The cost of one ad block is $125 per year, and subsequent blocks would be an additional $100 per block. For example, a business card ad would equal two blocks and would cost $225. Camera-ready ads are appreciated but not required.

Please help us promote this program. If you own or work for a business that may be interested in advertising in our Source which is sent out to over 600 families, please contact Mary in the church office. If you know of a business that may be a potential advertiser, please pass on a contact and phone number. Examples of businesses that may be interested in advertising could be Greek bands, importers, baptismal supplies/clothing stores, and jewelers specializing in crosses. Other possibilities could be lawyers, accountants, real estate agents, etc. The only ads we cannot accept are ones pertaining to credit cards, travel, or insurance.

Please contact the church office as soon as possible if interested in this program.